

Vitamin C

Support Your Immunity
支援免疫能力

Vitamin C

What can Vitamin C do for you?

维他命C的益处:

- Provides antioxidant protection
- Supports a healthy immune system
- Promotes skeletal, muscle, cardiovascular and skin health
- 提供抗氧化防护
- 支援健康的免疫系统
- 促进骨骼、肌肉、心血管及皮肤健康



What makes Vitamin C unique?

维他命C的独特之处:

- ✓ An isotonic-capable food supplement
- ✓ Provides the maximum absorption of the nutrients
- ✓ Provides delivery of nutrients to body in one of the most effective ways
- ✓ 等渗透压的膳食营养补充品
- ✓ 提供营养素的最大吸收
- ✓ 以卓越的传输效果，让身体以最有效的方式得到营养



Vitamin C – Frequently Asked Questions

有关维他命C的常见问题

Can Vitamin C support my immune system?

As a water-soluble vitamin, ascorbic acid (vitamin c) performs its antioxidant functions within the aqueous compartments of the blood and inside cells and can help restore the antioxidant potential of Vitamin E (fat-soluble antioxidant).*

维他命C能支援免疫系统吗？

维他命C（抗坏血酸）为水溶性维他命，可在细胞内及血液中的水性部位发挥抗氧化效果，并有助恢复维他命E（脂溶性抗氧化物）的抗氧化能力。*

* This product is not intended to diagnose, treat, cure or prevent any disease.

* 产品或成分无意作为诊断、治疗或预防疾病之用。

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有关维他命C的常见问题

Who needs to supplement with Vitamin C?

Everyone over 18 should use Vitamin C. Those who may C include:

- The elderly
- Those with weakened immune systems
- Smokers
- Those under heavy amount of stress
- Those with cardiovascular conditions
- Athletes*

谁需要补充维他命C?

所有超过18岁的人士都需要维他命C，特别是下列人士：

- 年长者
- 免疫系统较弱的人士
- 抽菸者
- 承受严重压力者
- 患有不健康心血管者
- 运动员*

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